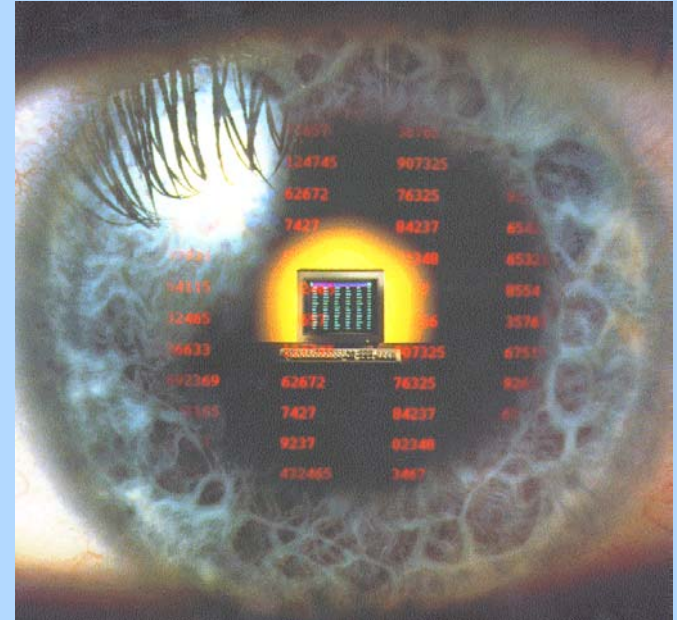


The CITY University Vision Screener for DSE Users

Benefits for:

- Employers
- Employees
- Optometrists



Commonly asked questions



For more [information](#) or demonstration system phone **020 8559 0800**

or visit the website www.cityvisual.com

- **Cost effective** as reduces the number of VDU users seeking a full eye examination
- **Time effective** as VDU users spend less time away from the desk
- **Maintain control** over DSE eye examinations
- **Quick and easy** to use: takes 6-12 mins to complete
- **Promotes morale** amongst staff
- Provides **detailed records** of staff performances on visual tasks
- Promotes a **commitment to staff** welfare
- Helps the employer to become **proactive** in sight health-care
- Can regularly test all display screen users for a relatively **small cost**
- Confirm that any new prescriptions **improve performance** and/or comfort
- **Support** supplied by CITY Visual Systems to answer any questions about glasses, prescriptions or related ergonomic issues.

- Tests in a **natural environment** and can be performed at the VDU user's workstation
- Provides information about other **health problems** which may result from VDU use
- Provides each employee with their own **personal copy of results** and recommendations. This enables the employee to understand many of the problems associated with display screen work
- Tests are sensitive to small **vision defects**
- Also tests visual fields, colour vision and stereopsis
- It can confirm that any glasses used either **improve performance** and/or comfort.
- Users feel that their eyes have been **“well tested”**.
- Raises issues that affect performance which may not have been previously identified.
- **Empowerment of the user** by providing detailed recommendations to them that reinforce the Health and Safety policy
- Perception by the employees that the employer is providing an **additional staff benefit**.

- Identifies those that would benefit from a full eye examination and those that are likely to require spectacles.
- Cost effective for the optometrist as the dispensing rate improves.
- No evidence that VDUs damage eyes - **less than 10%** of VDU users (age related) need spectacles specifically for DSE work.
- Reduces the number of needless eye examinations.

Q: **Is this a way of saving money as you don't have to pay for a full eye examination?**

A: **No**. This system has been proven to be effective in providing optometric tests directly relevant to VDU use. All people failing the test will be referred on to an optometrist for a full eye examination. The system makes the whole process more effective and efficient, saving time away from the office and also identifying if a new prescription does not work well.

Q: **Is it legal or does it negate the legal obligations of the company to pay for eye tests?**

A: **Yes** it is legal. The Health and Safety (Display Screen Equipment) Regulations 1992 makes provision for vision screening to be provided "... as a means of identifying individuals with defective vision who need a full eyesight test"

Q: **Does it work?**

A: **Yes** - it was developed and tested at the Department of Optometry and Visual Science, City University, London and independently tested at Warwick University and the University of Aarlen, Germany. It is also approved for use in Australia by Prof. S. Dain at the University of New South Wales and by the principle optometrist for the RAF, M. Rossi. Within companies, the system has been accepted by employees and unions. Optometrists who work alongside companies report that the system is good at identifying people with visual problems.

Q: **Does it provide the same service as an optometrist will supply?**

A: **No**. It only looks at the particular features that are directly relevant to VDU use; some of which are beyond the optometrist's area of expertise. It does not look for eye disease nor does it measure the VDU users' prescription. Should a user take regular medication or is experiencing any problems with their eyes, then they should attend for regular eye examinations as recommended by their optometrist. However, this system is sensitive enough to detect if the user is suffering from any problems with vision.

Q: **Does it produce a qualified response?**

A: **Yes**. If the results are less than expected, the VDU user will be referred for a full eye examination.

For more information on:

- Vision screening
- Vision screening services
- Lectures & training
- HGV Drivers Vision Screening
- Vision screening for schools
- Workstation assessments
- Health and Safety training

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